

RUNNING ON FULL

HOLY HABITS FOR THE HOLIDAY SEASON

GROUP DISCUSSION QUESTIONS WEEK 3: FULL OF BEAUTY

CONNECT

- Read this word out loud: BEAUTIFUL, then close your eyes and say it again: BEAUTIFUL. **What image came to your mind when you closed your eyes?** Was it a person, place or thing? Share your answers with your group.

CONSIDER

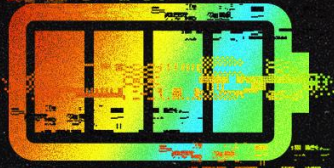
- **What encouraged or challenged you from the sermon and/or daily devotions this week?**

CHRIST

- **Read Philippians 4:8.**
- This verse is primarily an encouragement to change our way of thinking and to change what we focus on. It says to think about and focus on:
 - whatever is **true**
 - whatever is **noble**
 - whatever is **right**
 - whatever is **pure**
 - whatever is **lovely**
 - whatever is **admirable**
 - whatever is **excellent**
 - whatever is **praiseworthy**

For each of the words above, starting with true and working your way down, discuss some things that may be *true* in your life. What things do you consider *noble*, *right*, *pure*, etc.? Take the time to go through each one.

- There are those who believe that Philippians 4:8 is one of the most important scriptures because they believe the world would change almost overnight if everyone put it into practice. **How do you think your life would change if you substituted every negative thought with the thought of something that is pure, lovely or praiseworthy? What if every world leader did the same? What if we only talked about the positive things, not the negative things? How would life be different?**



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- 1 Peter 3:3-4 says that “your beauty should not come from outward adornment...rather it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God’s sight.” **What are ways we can show a gentle and quiet spirit in this day and age?**
- There is an interesting portion of scripture in Ecclesiastes 3:11 that says, “He has made everything beautiful in its time.” **What does that mean to you?** Reading the full chapter should help you answer this question.

CALLING

- **Psalm 147:1 (NKJV)** says, “...it is good to sing praises to our God...praise is beautiful.” As we discuss how to live a life full of beauty during the holiday season and beyond, one of the best things we can do is give our praises to God. With this in mind, **Northside is hosting a Night of Worship on Wednesday, November 24, at 6:30pm. Make a plan to be part of that night and invite a friend, family member, neighbor, or co-worker as well.**
- **Daily Devotions:** Take the time to read the daily devotions associated with this *Running On Full* series. Then, to continue with this spiritual habit of daily devotion with God, text JOINGOD to 81411 or use the Study tab in Northside’s mobile app to receive devotions on a daily basis moving forward.
- **Further Study & Reflection:** Isaiah 61 mentions “beauty for ashes.” Spend some time this week in quiet meditation and reflection reading and re-reading Isaiah 61.
- **Memorize:** “How beautiful are the feet of those who bring good news.” - Romans 10:15b